

In the 1<sup>st</sup> Sorrowful Mystery, we read and we meditate undisturbed:

# “Jesus in the Garden of Olives”...



## FROM THE GOSPEL ACCORDING TO - LUKE - :

*“[Jesus] went, as was his custom, to the mount of Olives, and...kneeling, he prayed, ‘Father, if you are willing, take this cup away from me; still, not my will but yours be done.’ (Luke 22:39, 41-42)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

Lord, why did you pray in a garden of olives? What do are you trying to teach us? Surely you want to help us understand that if we truly know how to say in some way, like you, “Father, your will be done and not mine,” we will be like so many olive trees: trees which produce many fruits full of oil and of blessing.

(cf. SLC, p. 255)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to saying “yes” to the will of God as Jesus has taught us, St. John Damascene says: “*When [Jesus] said, ‘Father, if it is possible, let this chalice pass from me; yet not my will, but your will be done,’ is it not clear to everyone that [he did so] in order to teach us that in temptations we must ask help only from God and place the divine will above our own?*” (JOHN DAMASCENE, *De Fide Orthodoxa*, Ch. 24)

<sup>1</sup> NABRE (USCCB)

## FREE AND PERSONAL MEDITATION

*(for a personal contribution to give to those who listen):*

- .....
- .....

*Then follows ...*

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

*Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...*